

BULGARIA

Supervision Provided to Members
of Multidisciplinary Teams

ChildHub Final Conference

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What we learned

- **There is regulation in place to underpin supervision practice.**
- **There is demand for and supply of supervision as well as good practices.**
- **Supervision has not been studied enough.**
- **Standards of supervision are needed in child protection with regard to quality of supervision.**
- **There are dramatic issues stemming from the long-standing neglect of supervision in CPDs.**





The snapshot : Multidisciplinary teams

- Supervision is not applied in police, schools, etc. rarely for MDT
- There is no regulation for MDT supervision

“Supervision can help them to think about the case professionally under different circumstances. That can build trust and encourage the team to achieve better results”

(supervisor)



The snapshot : supervisees

- In the system there are two professional groups – CDPs and social services .They have different needs with regard to supervision.

“There is not regular supervision in CPDs. Last year we had one. Last year we worked on 33 cases in multidisciplinary teams. That means the cases were complex and needed cross-sectoral cooperation.” (head of CPD)

“The best thing about supervision was hat we talked about my work with children and families. We discussed some ideas how I could keep working on cases”(supervisee in social service)

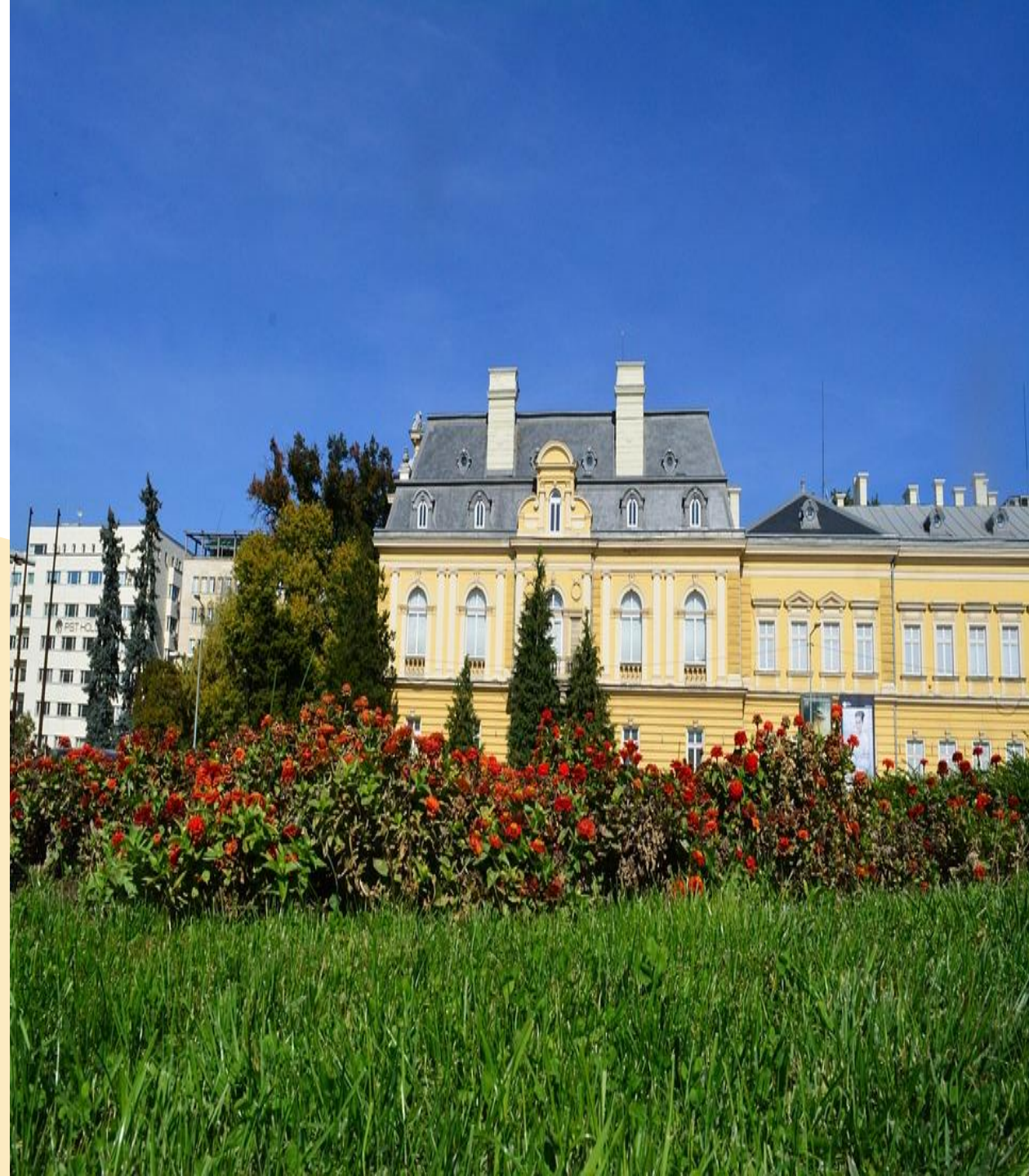




The snap shot : supervisors

- Supervision of child protection is applied and understood mainly as a form of emotional care for those working with children and families, and is provided mainly by supervisors with psychological and psychotherapeutic background.

„Supervision has several different functions and one of them is prevention of burnout. Supervision is a safe place for professional talk about cases - that is its most important function. Its training function comes second’ (supervisor)



THANK YOU!

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