



**REVIS**

Responding to Violence against Children in Schools and adjacent settings' project

# Guide For Parents to Help Combat Peer Violence Among Children

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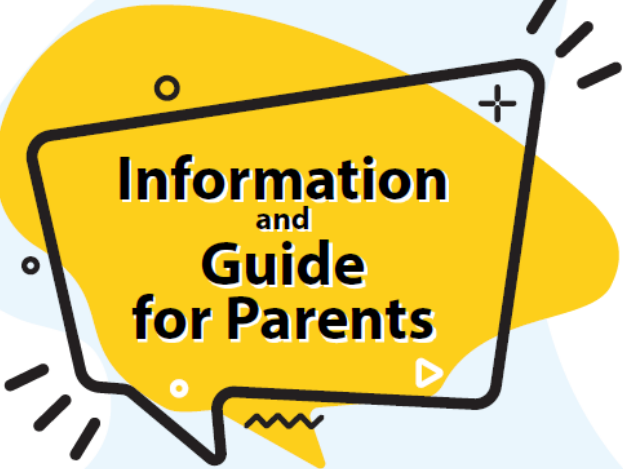
Budapest,  
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# Where can you find the Guide for parents?



Responding to peer Violence among children  
in Schools and adjacent settings



## Information and Guide for Parents



### ACKNOWLEDGMENT

The writer of this document, Monika Rozsa would like to express her gratitude to everyone who contributed to this publication. The guidance was developed with the contribution of members of the REVIS project and is based on the experiences and insights of children and young people participating in the project. The quotes come from children and young people living and learning in Bulgaria, Croatia, Romania, and Serbia.

The material has also been compiled using other REVIS project materials such as the [Training Guide](#), session notes and the ChildHub [Regional Research](#).

Training Guide: [Shifting Norms around Violence in Schools: A Guide for Trainers and Facilitators Working with Children and Young People](#)

Regional Research: [Regional Research on violence against children in schools in South East Europe](#)

Illustrations: Miklos Szego  
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<https://childhub.org/en/child-protection-news/guide-parents-help-combat-peer-violence-among-children>

It is available in five languages:

English, Croatian, Romanian,  
Bulgarian and Serbian



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# Talking points

The aim of the Guide

Working with parents is a priority

Supporting teachers and professionals is a priority

How to use the Guide?

What to expect and what not to expect  
from using the Guide?



# Working with parents is a priority

„Seven years from home“

- the neural networks in the brain are shaped by relationships in early childhood – in healthy and unhealthy ways
- the developing nervous system can't choose between good or bad

The parenting patterns and a strong relationship between a parent and child could overwrite the gender norms in a positive way.



# Supporting teachers and professionals is a priority

First seven years in school

- primary school: it offers an opportunity to compensate for the lack of regularity, predictability and care in the family
- secondary school: teachers can counterpoint family values

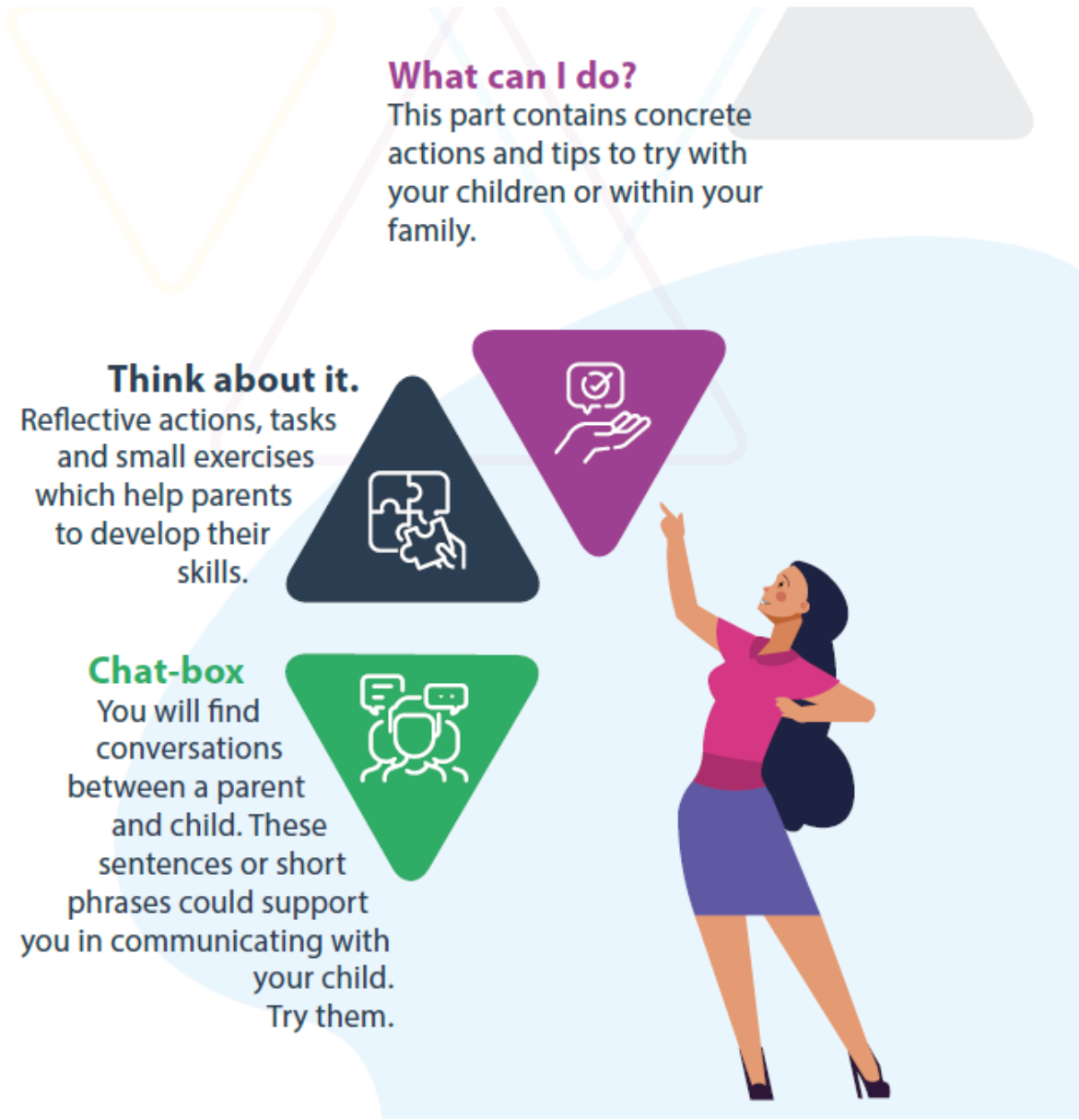
A strong teacher-child relationship gives floor to a new cycle of experience.

Connecting with the child requires the teacher's attention and presence.

[Inspirational video for teachers](#)



# How to use the Guide for parents?



There is no magic formula when working with parents, but there are a few rules of thumb.

- build trust
- be open
- invite them and be non-formal
- if needed, work individually
- be transparent – share your experiences
- be the first to complete the practices in the Guidance

# How to use the Guide for parents?

## THE STRUCTURE OF THE GUIDE AIMS TO BUILD TRUST IN PARENTS

- Presents the project
- Gives insight in the activities of children, what did they experience and learned during the activities
- Emphasize how essential is the communication and conversation between parents and teachers is
- Gives an insight into children's everyday lives, the challenges, difficulties and bullying they face

## FROM GENERAL TO PERSONAL LEVEL

- The influence of social and gender norms
- Parents as role models
  - Build connection with your child
  - Challenges during adolescence
  - The roots of my parenting patterns
- Protect your child from bullying

# What to expect and what not to expect from using the Guide?

One size does not fit all

Offer your capacities and skills to parents

Then connect and share your experiences with your colleagues – refuel your connection-tank

Take care of yourself





# Children see, children do

Q1: If you are watching this video **as a professional**, what message does it send you? Tell us or type it in the chat.

Q2: Now if you are watching this video **as a parent**, what message does this video send you? Tell us or type it in the chat.

[Link](#) to the video



# Children see, children do

Adults are role models for children

What is Child Protection?

All children have the right to be protected from violence, abuse and neglect (UNCRC, 1989). This means that **adults are responsible for keeping children and young people safe from harm.**

Children also have a responsibility to recognise the rights of other children and this includes not intentionally causing them harm or being violent to them.

# Work with culture based messages

“Boys should not cry and show emotions, they are expected to be strong.”

“Girls should be nice and well-mannered, know how to cook and take care of the household and every woman is expected to be a mother”.

“Children and young people must not contradict their parents - even in moments when they are beaten or hurt.”

“It is up to the child or young person to be silent and respect the parent as long as he or she lives in their house.”

*Guide For Parents, p.13*

Click on this link in the chat

<https://jamboard.google.com/d/1CbldZNf8niNkkdo3AZqLrBqooXyOensAaAJ4xYF6XJA/edit?usp=sharing>

# Strive to live what you teach

Remember the power of your actions: be patient, consistent, caring, honest and attentive.

Children don't understand the statement: "Do as I say, not as I do."

Children and parents always look for evidence, that you as a teacher are a good role model for their children.

„People, not programs change people!  
The effective agents of change in any successful program, project or system are human beings.” /Bruce D. Perry, neuroscientist/

# Self care is essential!

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