



# Life-skills, Leadership and Limitless Potential (LLLP)

## Worksheet

Signs of Change



Programme designed by Abi Billingham

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# Worksheet

## Signs of Change

### Aim

- To articulate what they want to achieve through their participation work
- To identify how the changes that will tell them that they have achieved their aims

### Resources

- Flip chart paper
- Pens
- Vehicles of change from previous exercise

# Worksheet

## Signs of Change

### Process

#### Vehicles of change:

Using the project or 'vehicle' that they agreed last session, split into small groups and provide them with a large piece of paper and ask them to draw a bird's eye map of roads. Explain that these are the roads that their 'vehicle' (or project) will take in bringing about change. They should discuss and annotate the maps with:

- The places the vehicle will go to disseminate their messages (for example, local council, police, schools, conferences, events)
- How will the vehicle be used at these locations?
- Pictures in each location that represent the desired change: for example more young people aware, professionals delivering their services better, policy being changed to respond to the issues of sexual violence, more money generated for projects

Around the edge of their paper they should write the things that would be different that would tell them that they had brought about change.

#### Feedback:

Ask the groups to feedback their ideas. They will be all talking about the same vehicle (project), but they may have some interesting and different ideas as to how to use the vehicle to bring about change.

Ask:

- What did they like about the ideas?
- Are there similarities across the ideas?
- Could any ideas be combined?

#### Helpful relationships:

Ask young people to think about the people and services that they have relationships with/or expect to have relationships with that will be helpful to them in their effort to prevent sexual violence.

# Worksheet

## Signs of Change

### Discuss:

- How will these relationships be useful?
- What will the person/service be doing that would tell the group that the relationship is useful?

These might include:

- Parent/cares
- Positive peers
- CSE support service: resources and participation support
- Local councilors
- Local newspaper
- Teachers
- Social worker
- Funder
- Media journalists
- Film production team

Each person or service or resource should be written on a separate piece of paper and stuck around the edge of the vehicle of change map. They should also add detail to the post-it about what the person/service will be doing that will be useful.



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